

Gestational diabetes is diabetes diagnosed for the first time during pregnancy. Certain hormones play a role in keeping blood glucose levels in check. During pregnancy, hormone levels change, making it harder for the body to process blood glucose properly.



Gestational diabetes is on the rise globally.

20 million or **16%** of live births had some form of hyperglycaemia in pregnancy.

1 in 6 births were affected by gestational diabetes.

The vast majority of cases are in low and middle income countries.

- 85%** of the annual global deliveries
- 80%** of the global diabetes burden
- 90%** of all cases of maternal and perinatal deaths and poor pregnancy outcomes

